

APPALACHIAN JOY

Intermediate

By: Ricky Skaggs & Kentucky Thunder (from the CD, Brand New Strings)

Bluegrass

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Sequence: Wait 4 beats - A - B - C - A - D - A

PART A

Hard Step Dbl-back Brush-up DS RS
 L L L RL

Mountain² DS Ball (xif) Ball (xib) Ball (ots) Ball (ots) Ball (xib) Lift
Goat R L R L R L R

Moving
forward

Triple Turn DS DS DS RS (turn 1/2 right) DS DS RS Chug
& Dbl Chug R L R LR L R LR L

***** Repeat all of the above *****

Step Left Step (to the left) Step (to the left) DS RS DS DS DS RS
& Triple L R L RL R L R LR

Charleston DS Tch (front) Toe Heel RS
 L R R R LR

Fancy Dbl. DS DS RS RS (1/2 turn left)
 L R LR LR

***** Repeat all of the above *****

PART B

Cowboy DS DS DS Brush-up (1/4 turn left) DS RS RS RS (backing up)
Turn L R L R R LR LR LR

Push Off DS RS RS RS (moving left) DS RS RS RS (moving right)
 L RL RL RL R LR LR LR

***** Repeat 3 more times, making a box *****

PART C

Lucy Brush DS Brush (xif) Toe Heel Toe-Tch Heel (moving left)
Over L R R R L L

***** Repeat Lucy Brush Over one more time *****

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PART C. CONTINUED

2 Basics & DS RS DS RS DS DS DS RS
A Triple L RL R LR L R L RL

***** Repeat Lucy Brush Overs, 2 Basics & Triple, Opposite foot *****

Turkey & Heel Flap Step DS RS (left) Heel Flap Step DS RS (right)
Basics L L R L RL R R L R LR

Walk It DS DS Drag Step Drag Step RS DS DS (turning 1/2 left) RS
L R R L L R LR L R LR

***** Repeat Turkeys and Walk It, to face the Front *****

PART D

Zip Code DS Tch (ots) Tch (xif) Tch (ots) DS Tch (ots) Tch (xif) Tch (ots)
L R R R R L L L

DS Tch (xif) DS Tch (xif) DS Tch (ots) Tch (xif) Tch (ots)
L R R L L R R R

***** Repeat Zip Code, with opposite footwork *****

2 Mountain Stomp DT-up DS Kick (1/4 turn L) Stop DT-up DS Kick (1/4 turn L)
Shuffles L R R L L R R L

Kick Around DS Kick DS Kick DS Kick DS Kick (1/4 turns)
L R R L L R R L

***** Repeat 2 Mountain Shuffles and Kick Around *****