

LONG TALL GLASSES
(You Know I Can Dance)

MUSIC: Long Tall Glasses. Leo Sayer (3.03) **SPEED:** - 10%
CHOREO: June Tilson, jkmt1@iprimus.com.au
LEVEL: Intermediate
SEQUENCE: A, B, Ch, Br 1, A, Br 2, Ch, Br 3, B, Ch, End
INTRO: Wait 32 beats (or 8 from Base Drumbeat) - Left foot lead.

BEATS **CUES**

PART A: (48beats)

8 Triple Lucy Brush L
8 2 Charleston
8 Triple Lucy Brush R
8 High Horse
8 Samantha
8 2 Jazz Box Touch

PART B: (48beats)

8 Cowboy Toe Heel ½ R cf
8 2 Fancy Triple
8 Cowboy Toe Heel ½ R
8 Swayback
4 Long Slide Rock Step L
4 Long Slide Rock Step R
8 Swayback

CHORUS: (48 beats)

8 Double Lori Pivot ½ R
8 Loop Vine L
8 2 Pivot Turn R & L
8 Loop Vine R
8 DoubleLori Pivot ½ R
4 Long Slide Rock Step R
4 Long Slide Rock Step L

BREAK 1: (8 beats)

8 2 Rock Heel Pull Basic
8 Pivot Turn L & R

PART A: (48 beats) (change for Part B)

8 Triple Lucy Brush
8 2 Charleston
8 Triple Lucy Brush R
8 High Horse
8 Samantha
8 2 Jazz Box Touch

BEATS **CUES**

BREAK 2 : (30)

Pause 8 for vocal (tap left Heel)

4 Toe Heel Fancy
2 2 Toe Heel
8 Loop Vine L
8 Loop Vine R

CHORUS: * (40 beats)

8 Double Lori Pivot ½ R
8 Loop Vine L
8 Pivot Turn R & L
8 Loop Vine R
8 Double Lori Pivot ½ R

BREAK 3: (8 beats)

8 Samantha

PART B : (48 beats)

8 Cowboy Toe Heel ½ R
8 2 Fancy Triple
8 Cowboy Toe Heel ½ R
8 Samantha
4 Long Slide Rock Step L
4 Long Slide Rock Step R
8 Swayback

CHORUS: (48 beats)

8 Double Lori Pivot ½ R
8 Loop Vine L
8 Pivot Turn R & L
8 Loop Vine R
8 Double Lori Pivot ½ R
4 Long Slide Rock Step L
4 Long Slide Rock Step R

END: (1 beat) Step Out L

Step Explanation – I Can Dance

TRIPLE LUCY BRUSH: (8)

DS DS (XIF) DS BR (XIF) H T-H (XIF) TCH (BK) H DS RS
L R L R L R R L R L RL
&1 &2 &3 & 4 & 5 & 6 &7 &8

CHARLESTON: (8)

DS TCH (F) H T-H (BK) TCH (BK) H (LAST TCH (BK) H CAN BE RS)
L R L R R L R
&1 & 2 & 3 & 4

HIGH HORSE: (8)

DS DT (XIF) SL DT (X) SL BA (OTS) BA (XIF) HD (F) /BA-SL DS DS RS
L R L R L R L L /R R L R LR
&1 & 2 & 3 & 4 & 5 &6 &7 &8

SAMANTHA DOUBLE UP:

DS DS (XIF) DR S (BK) DR S (BK) R (BK) S DT H DS DT H
L R R L L R L R L R L R L
&1 &2 & 3 & 4 & 5 & 6 &7 & 8

DOUBLE LORI PIVOT: (8)

DS DT (UP) H DS DT (UP) H R H (WGT) (PVT ½ R) S DS RS
L R L R L R L R L R LR
&1 & 2 &3 & 4 & 5 & 6 &7 &8

LOOP VINE: (8)

DS SL S (XIB) DS DS (XIF) DS SL S (XIB) DS RS
L L R L R L L R L RL
&1 & 2 &3 &4 &5 & 6 &7 &8

APPALACHIAN: 8

DS DR S S DR S S DS DS DS RS
L L R L L R L R L R LR
&1 & 2 & 3 & 4 &5 &6 &7 &8

COWBOY TOE HEEL: (8)

[DS DS DS BR (XIF) SL] - (FWD) T-H (XIF) T-H (BK) T-H (BK) T-H (BK)
L R L R L R-R L-L R-R L-L
&1 &2 &3 & 4 & 5 & 6 & 7 & 8

FANCY TRIPLE: (4)

DS DS (XIF) DS (XIB) RS (XIF)
L R L RL
&1 &2 &3 &4

LONG SLIDE Rock Step: (4)

(p) S (OS) *slide R foot To wards R RS
L RL
&1 (&2 & 3) &4

SWAYBACK: (8)

DS DT (XIF) H DT (X) H T-H (BK) R (BK) S DS DS RS
L R L R L R L R L R LR
&1 & 2 & 3 &4 & 5 &6 &7 &8

ROCK HEEL PULL BASIC: (4)

R H (WGT) (OTS) PULL (CLOSE) -S (BS) DS RS
L R L L R LR
& 1 & 2 &3 &4

JAZZ BOX TOUCH: (4) In this dance moving L & R

T-H T-H (XIF) T-H (BK) TTCH (OTS) H
L L R R L L R L
& 1 & 2 & 3 & 4

PIVOT CHAIN: (4)

DS RS RS RS
L RL RL RL
&1 &2 &3 &4

TOE HEEL FANCY: (4)

T-H T-H RS RS
L L R R LR LR
& 1 & 2 &3 &4

