

RIDE THIS TRAIN

Level: E-Z INT.

RECORD: CAPITOL B-44127, Mel McDaniel
 CHOREO: Ann Hubbard, Florida First Coast Workshop Team
 INTRO: WAIT 8 BEATS, START WITH LEFT FOOT

HEEL BEATS	TIMES	STEP	
		PART A	
			"SIMONE"
16	(2)	$\frac{L}{DT(B)}$ $\frac{R}{H}$ $\frac{L}{BR(XIF)}$ $\frac{R}{H}$ $\frac{L}{TA}$ $\frac{R}{H}$ $\frac{L}{TA}$ $\frac{R}{H}$ $\frac{L}{TO}$ $\frac{R}{H}$ $\frac{L}{TA}$ $\frac{R}{H}$	
		$\frac{L}{DTSRS}$	(Alternate footwork)
16	(2)	$\frac{L}{DTS}$ $\frac{R}{TO}$ $\frac{L}{H}$ $\frac{R}{DTS}$ $\frac{L}{TO}$ $\frac{R}{H}$ $\frac{L}{DTS}$ $\frac{R}{PULL TOE (turn \frac{1}{2} Lt.)}$	
		$\frac{R}{STEP}$ * $\frac{L}{DTSRS}$	(Alternate footwork) "TOUCH & PULL"
16	(2)	$\frac{L}{DT(B)}$ $\frac{R}{H}$ $\frac{L}{BR(XIF)}$ $\frac{R}{H}$ $\frac{L}{TA}$ $\frac{R}{H}$ $\frac{L}{TA}$ $\frac{R}{H}$ $\frac{L}{TO}$ $\frac{R}{H}$ $\frac{L}{TA}$ $\frac{R}{H}$	
		$\frac{L}{DTSRS}$	(Alternate footwork) "SIMONE"

		CHORUS		"QUICK-KICK"
12	(3)	$\frac{L}{DT}$ $\frac{L\&R}{BALL/KICK}$ $\frac{R\&L}{BALL/KICK}$ $\frac{L\&R}{BALL/KICK}$ $\frac{R}{DTSRS}$		
		& wt. 1	wt. &	wt. 2 & 3&4
4	(1)	$\frac{L}{DTS}$ $\frac{LT TOE}{pivot \frac{1}{2} Lt.}$ $\frac{L}{H}$ $\frac{R}{DTS}$ $\frac{L}{KICK}$ $\frac{R}{SLIDE}$		"KARATE"
16	(1)	<u>REPEAT ABOVE 16 BEATS, SAME FOOTWORK</u>		
6	(1)	$\frac{L}{DTSRSRSRS}$ ("PUSH-OFF" Lt.)	$\frac{R}{DTSRS}$	

		PART B		"COWBOY"
48	(3) **	$\frac{T}{DTS}$ $\frac{R}{DTS}$ $\frac{L}{DTS (FWD)}$ $\frac{R}{BR(XIF turn \frac{1}{2} Lt.)}$ $\frac{L}{H}$		
		$\frac{R}{DTS(XIF)}$ $\frac{L}{ROCK(OTS)}$ $\frac{R}{STEP(XIF)}$ $\frac{L}{ROCK(OTS)}$ $\frac{R}{STEP(XIF)}$		
		$\frac{L}{ROCK(OTS)}$ $\frac{R}{STEP(XIF)}$		
		* $\frac{L}{DTS}$ $\frac{R}{DTS}$ $\frac{L}{DTSRS (FWD)}$ $\frac{R}{DTS}$ $\frac{L}{DTS}$ $\frac{R}{DTSRS (BACK)}$		"TRIPLE"
		** SECOND AND THIRD TIME TURN $\frac{1}{2}$ LT. ON FIRST DTS OF COWBOY.		
		* THIRD TIME DO TRIPLES MOVING LEFT - RIGHT		

RIDE THIS TRAIN cont'd

<u>HEEL BEATS</u>	<u>TIMES</u>	<u>STEP</u>					
		<u>PART C</u>				<u>"QUICK-KICK"</u>	
12	(3)	<u>L</u>	<u>L&R</u>	<u>R&L</u>	<u>L&R</u>	<u>R</u>	
		DT BALL/KICK & wt. 1	BALL/KICK wt. &	BALL/KICK wt. &2	DTSRS & 3&4		
							<u>"KARATE"</u>
4	(1)	<u>L</u>	<u>LT. TOE</u>	<u>L</u>	<u>R</u>	<u>L</u>	<u>R</u>
		DTS	(pivot 1/2 Lt.)	H	DTS	KICK	SLIDE
							<u>"PULLEY'S"</u>
12	(3)	<u>L</u>	<u>L</u>	<u>L</u>	<u>L</u>	<u>R</u>	<u>L</u>
		DTS	DRAG/SLIDE/DRAG	STEP(XIF)	ROCK(XIB)	STEP(XIF)	
		&1	& 2	& 3	&	4	
							<u>"FANCY DOUBLE"</u>
4	(1)	<u>L</u>	<u>R</u>	<u>L</u>	<u>R</u>	<u>L</u>	<u>R</u> (turn 1/2 Lt.)
		DTS	DTS	ROCK	STEP	ROCK	STEP

		<u>CHORUS</u>				<u>"QUICK-KICK"</u>	
12	(3)	<u>L</u>	<u>L&R</u>	<u>R&L</u>	<u>L&R</u>	<u>R</u>	
		DT BALL/LICK & wt. 1	BALL/KICK wt. &	BALL/KICK wt. 2	DTSRS & 3&4		
							<u>"KARATE"</u>
4	(1)	<u>L</u>	<u>LT. TOE</u>	<u>L</u>	<u>R</u>	<u>L</u>	<u>R</u>
		DTS	(pivot 1/2 LT.)	H	DTS	KICK	SLIDE
16	(1)	<u>REPEAT ABOVE 16 BEATS, SAME FOOTWORK</u>					

SEQUENCE: AS WRITTEN

ABBREVIATIONS:

DTSRSDRS=Double toe step rock step rock step rock step.
 DTSRS=Double toe step rock step. DTS=Double toe step. DT=Double toe.
 BR=Brush. TA=Touch across. TO= Touch out. H=Heel. (B)=Back.
 (XIF)=Cross in front. (XIB)=Cross in back. (OTS)=Out to side.
 wt.=Weight bearing foot.

Ann Hubbard
 92 North Roscoe Blvd.
 Ponte Vedra Beach, Fl. 32082
 1-904-285-2792

"WORKING FOR YOU"